

SWIMMING PROGRAM 2011.

Children will need to bring a swimming bag with a towel, underwear, a named hairbrush, thongs, named goggles and earplugs if necessary.

Grades	Lesson Times 40mins	Leave school	Return to school.	Swimming Dates:
3/4A& 1 aide	9.30 – 10.10am	9am	10.40am	<u>Monday</u> February 4 th & Wednesday 16 th
5/6F & 3/4K	10.10- 10.50am	9.40am	11.30am.	
5/6K& 3/4R	10.50 - 11.30am	10.20am	12.00am	
5/6S& 3/4HD	11.30 -12.10 -	11am	1pm	

Grades	Lesson Times 30min.	Leave school	Return to school.	Swimming Dates:
3 /4 A & 1 aide	11-11.40 am	10.40 am	12pm	<u>Tuesday 8th & Friday 11th</u>
5/6F & 3/4K	11.40 - 12.20am	11.10 am	12.50pm	
5/6K& 3/4R	12.20 -1.00pm	12.00pm.	1.30pm	
5/6S& 3/4HD	1.00 pm- 1.40pm	12.40pm	2.0pm	

St. Francis Swimming Sports : 3buses
Monday 14th February 2011 9.30 – 1pm
At Bendigo East Swimming Pool. (Grades 3-6)

Catholic School Swimming Sports : 1 bus
Friday 18th February 2011. (Grades 3-6)

Swimming Program.

1. Please see timetable to check your leaving / returning time.
Lessons are at Eaglehawk Peter Krenz Pool.

2. **Children need to go to the pool ready to swim.**

Bathers on, plus school sports clothes to change into after their lesson.

Children change at pool.

Thongs MAY only be worn only to & from the pool.

They need to know what swimming group they are in. see class lists

3. **Please mark class roll of children swimming/not swimming.**

4. Non swimmers go to the pool and do water safety sheets. These children need to be supervised and grouped in one area. They are charged for the lesson whether they swim or not. Please let children know this!!!

5. If children need to go to the toilet you need to supervise them to and from the pool area.

6. Teachers to take medical forms with them. Be aware of anyone needing earplugs, ventolin etc. from your class list. Please take : **One First aid bag per bus.**
Please see attached evacuation form for Peter Krenz Centre.

7. **After the lesson children to change into sports uniforms quickly in change room and return to school on the same bus.**

8. **Please check your class and let me know if there is anyone out of their ability level : too good or not coping.**

School Swimming Sports :All children participate.

Catholic School Sports : Children are selected to represent the school.

PE PROGRAM 2011: Dates so far!!!

Tennis lessons with Kieran Fitzgerald : Grade 3/4s.

Term 1 3/4A

Term 2 3/4R

Term 3 3/4K

Term 4 3/4HD

Senior Swimming All Grades 3-6 children.

5 Lessons at Peter Krenz Centre at Eaglehawk. See timetable for times & dates.

St Francis Swimming Sports : Monday 14th at Bendigo East Pool 9.30 -12.30pm
5/6 Grades to coordinate.

Catholic School Swimming Sports : Friday February 18th.

Bendigo East Pool: Selected children.

Infant Swimming Lessons Term 4 :

5 sessions at Peter Krenz Pool Eaglehawk.

Monday 21st, Wednesday 23rd & Friday 25th November

Friday 2nd December & Monday 5th December.

Gym. : All grades have 4 lessons.

Senior Classes: Term 3 Tuesday 19th & 26th July, Tuesday 2nd & 9th August

2 X Grade 3 /4 classes 9.30 -10.30am

2 X Grade 3 /4 classes 10.30 -11.30am

2 x Grade 5 /6 classes 11.30 -12.30pm

1 X Grade 5/6 class 12.30 -1.30pm

Infant Classes Term 3: Thursday 21st & 28th July, Thursday 4th & 11th August.

9.30 - 10.15am Prep X 2

10.15 - 11.00am Prep & 1 /2 class

11.00 - 11.45am 1 /2 X 2

11.45 - 12.30pm 1 /2 X 2

Units to plan whole school events:

5/6 Swimming: Monday February 14th

Preps: Cross Country: Monday 16th May????

Zone Cross Country: 25th May

School Athletics: 3 /4 & 1 /2 classes
Friday 9th September

Catholic School Athletics :

Zone Athletics:

Fire Safe Kids Program,
CFA for whole school 2011.
Dates to be notified.

